

# **MG UNIVERSITY**

**MGU NSS EMBLEM**

## **NATIONAL SERVICE SCHEME**

**NSS REPORT 2017- 2018**



**UNION CHRISTIAN COLLEGE ALUVA**

UC EMBLEM



NOT ME BUT THOU



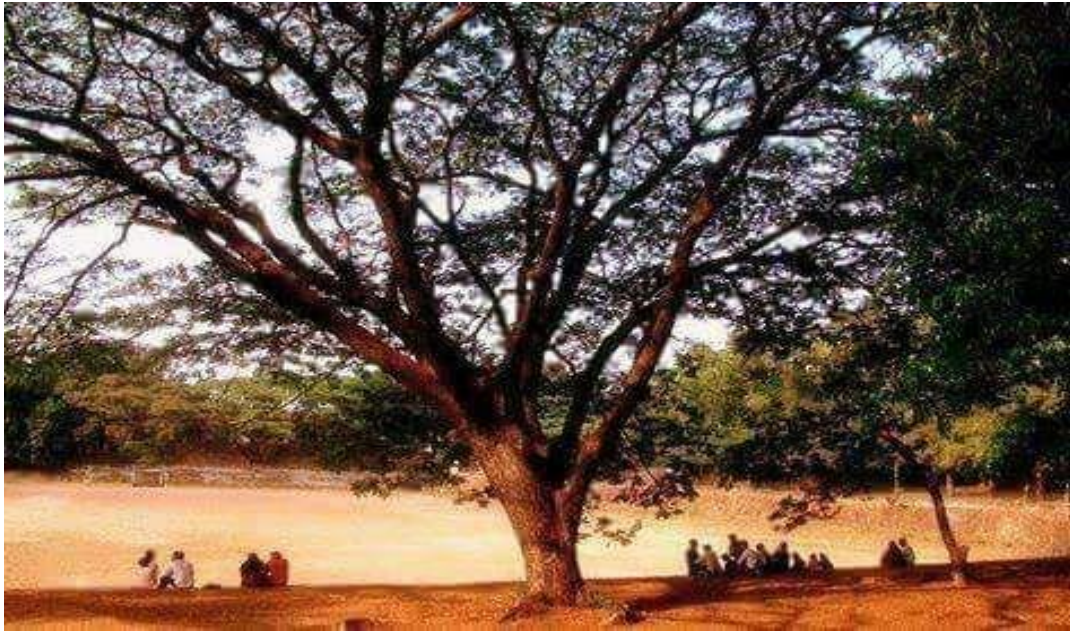
**SENIOR EXECUTIVES 2017-18**

## **UNION CHRISTIAN COLLEGE NSS UNIT**

**2017-2018**

The NSS unit at U.C.College, aluva focuses on the wholesome nurturing of its members through initiating them into the assorted aspects of community service. The long activities are therefore envisaged and planned to insert the spirit of team work, altruistic service and good volunteerism among the children, eventually moulding and making them energetic selfless compassionate leaders whose very action manifest the NSS motto 'Not me but thou'. The NSS volunteers had wholeheartedly engaged within the development and service of the campus and community under the leadership of the program officers.





>ENVIRONMENT DAY

NSS unit and nature club together organized this years environment day celebrations on 5<sup>th</sup> June 2017 at VMA Hall . The function was inaugurated at 8.30 am by Dr. Thomas Mathew (Principal uc college, aluva).The environment day message was given by Mr. Anil Kumar from the Department of Botany. He talked about the need for conserving biodiversity and the need to express our gratitude to our mother nature

Plant saplings were provided to students according to their departments and cleanliness drive was conducted ,with the cooperation of college management, staff and students ,led by Dr. Ponnuse Mathew from Malayalam department

Later on students cleaned the campus and its premises .The program turned out to be a great success and ended by 4 pm





## > CAMPERS DAY AND FAREWELL TO SENIOR EXECUTIVES

Campers day and farewell function were organised by 2016-17 NSS unit on 22<sup>nd</sup> June 2017. The programme began at 1.45pm at AB2 Hall and lasted till 4.00pm .The programme started with NSS Song . Few of the volunteers spoke about their camp experiences and also about changes they felt within after being an NSS volunteer . Later on programme officers and senior executives shared their experience . Volunteers presented many cultural activities .The former executives were honoured in the occasion and were presented with momentos . NSS volunteers presented a slide show portraying their journey as senior executives .The sweet and sour memories provided the best platform for reminiscence .





**SELECTION OF NEW EXECUTIVES AND KEY HANDOVERING FUNCTION**

.In the esteemed presence of NSS Program Officer Mr. Kurian c soman 15 new executives were selected . Among which Mr. Joel Shajee and Ms . Neema Sara Mohan were selected as the new volunteer secretaries . Ms Sandra p Tarjineev, Ms Aleena Vinoy ,Ms Arya K R , Ms Keerthana Bhaskaran ,Ms Gayathri P G, Ms Anila Devi, Ms Angela Daniel ,Ms Parvathy k Reji, Mr. K A Imam Salih , Mr Subil Raj ,Mr Arjun T S , Mr Aravind V.B, Mr Maneesh T Madhu were selected as the new Executive officers.

An official meeting of the former leaders were held at NSS office on 22<sup>nd</sup> July at 4.30 pm. Senior Executives hand overed the key and register to the new volunteer secretary .Later on a meeting of the selected executives were held at NSS office . Instructions for them were given and all rules and regulation of NSS were detailed briefly by the programme officers and senior executives.Executives discussed the projects that they would like to implement on NSS that year.The meeting was dispersed at 5.30 pm.

#### >WELCOMING THE JUNIORS

A Grand welcoming ceremony for the students of the new academic year was held on 29 th June 2017, at PJ Auditorium.The programme started at 9 am .Our honourable Principal Dr Thomas Mathew,Students affairs dean Dr. M I Punnus, NCC officer Capt. Narayanan , NSS Programme Officer Kurian C Soman, Mananger Rev. Prof. Thomas John and other eminent personalities blessed the function with their presence

. The programme began with official prayer followed by the addressing of each eminent members present on the stage. Our Principal presented a Brief account on the history of the college ,Patronage of the college and also introduced the mission and the aspiration of the college and also about

the various departments and the courses offered in the college along with the facilities available in the college . A small presentation was prepared to show a videographic history of the college .

Programme officer Kurian C Soman introduced the structure of NSS on the occasion . He invited students to be part of this venture .NSS volunteers were actively participated in volunteering the programme. NSS anthem was sung by the executives .They took care of the seating arrangements ,refreshments and worked effectively in controlling the traffic .The service provided turned out to be impressive.The official meeting was dispersed at 12pm .Following the meeting , the parents had separate meeting with the college officials and NSS volunteers accompanied the teachers to guide the new students to their respective classes





### > FIRST YEAR SELECTION PROCESS

A class campaigning was organised to select new NSS volunteers from 1<sup>st</sup> year UG students on 30<sup>th</sup> June 2017 . The campaign was led by NSS program officer Mr. Kurian C Soman . The team visited each department and explained the functioning of NSS in detail .The application forms were distributed . The executives detailed about their experience as NSS volunteers. The team welcomed all energetic students with the motive to serve selflessly to be a part of NSS family.

### > UC ENTE SNEHATHEERAM

A grand gettogether of the former students of UC College 'UC ENTE SNEHATHEERAM' took place on 7<sup>th</sup> July 2017 and 8<sup>th</sup> July 2017. The NSS volunteers with their wholehearted cooperation worked within different groups focussing into administration ,reception ,food committee etc...The 2 day function was attended by thousands of former students . Two of their former students were honoured for completing 100 years in their life along with few of the senior retired faculties of uc college . Volunteers easily managed registrations and refreshments involving thousands with their well planned strategies .

### >ORIENTATION FOR FIRST YEARS

Following the selection process for new NSS volunteers through class campaigning. An orientation programme was held for 1<sup>st</sup> year NSS volunteers on 22<sup>nd</sup> July 2017 at VMA Hall. The programme began with NSS anthem . Volunteer secretary Neema sara mohan welcomed all volunteers to the programme. NSS Programme officer Mr. Kurian C Soman explained the aims of NSS through a powerpoint presentation .The main aim of the orientation was to

introduce the major aspect of NSS and its activities among students, the class gave an outlook to the perceptive social education and community service .

. Later on executives introduced themselves and shared their experience as nss volunteers . They were given classes on obedience and time management followed by an ice breaking session and certain games to bring out the true sportsman ship in them .This orientation marked the selfless service for the year .A leader was selected from each department to make the activities easy and fast .



### >‘SAHAPADIKK ORU VEED’ PROJECT

As part of charity programmes ‘sahapadikk oru veed’ campaign was conducted from 11<sup>th</sup> July 2017 to 15<sup>th</sup> July 2017 .This project aims to construct a secure home for a needy student . The team including the programme officers ,executives and volunteers visited all classes and requested students to contribute to this initiative. A good sum of 3,00,000 was collected from students and teachers, the house construction work is on progress.





### > LIBRARY RENOVATION

The renovation of 'Graminodhyanam' library located in Muruvilangad was carried out by NSS volunteers on 23<sup>rd</sup> July 2017. NSS volunteers gave rebirth to



the library and its premises by cleaning and rearranging the books. The whole effort was appreciated by the library authorities and the villagers.



#### > PLAN @ EARTH – AWARENESS CLASS

An awareness class was organised by NSS and Nature club on 9 th July 2017 in T B Nainan hall . The classes were led by a team from PLAN@EARTH , an

organisation solely devoted to collecting and recycling wastes. NSS programme officers, executives and volunteers were present .They spoke about the need for plastic recycling and its implementation of the same in our college .They encouraged students to take initiatives on this regard . The team offered all their support .Separate waste baskets for reusable and biodegradable substances were arranged separately in different parts of UC campus.This initiative is working effectively in campus premise.

#### >VOLUNTEERS FOR NCD SUMMIT

National service scheme of UC College ALuva took part in ‘ Current lifestyle and disease control project’ by NCD summit . The programme was held on 17 th July 2018 at IMA hall Aluva . Around 10 NSS volunteers attended the program . There were participation from 20 UP School and 25 Higher secondary schools . There were a list of competitions like painting , poster making etc. Students participated in it with great effort and NSS volunteers volunteered it by giving all support and providing instructions to the students. After the program winners were honoured

#### >ASTER MEDICITY-FIRST AID TRAINING

NSS ,pain and palliative in collaboration with aster medicity conducted a first aid training class on 5 th august 2017 at VMA Hall . The training was led by a bunch of experts from aster medicity..The programme began by 10 am .Mr. Amal anoop welcomed the gathering followed by the introduction carried on by the experts

The classes began with the powerpoint presentation portraying the importance of saving a human life and the need of giving first aid to the neccassery.They also explained the role of first aid in saving the injured from

cardiac arrests and several other emergency situations. Later on students had practical sessions of the same , teaching them from basics of CPR to all the working of complex functionaries. Experts used their valuable time to clear all doubts that the volunteers pointed out. The class ended by 1.30pm.





## >HOMEOPATHY CLASS

The NSS unit has taken the initiative to conduct an awareness class on 22<sup>nd</sup> September 2018 at 1 pm in AB1 classroom. The class was led by Dr Bimal kumar Chief Medical Officer Govt homeo Dispensary , Karumallor on the precautions to be taken to avoid dengue fever and homeopathic solutions for the same . The programme began with NSS Song .NSS programme officer Kurian c soman welcomed the gathering . Later Dr. Bimal Kumar expalined the possibilities of homeopathic medicine as a cure for such death prone diseases.

At the end of the class he distributed free immune tablets against Dengue fever. . NSS volunteers volunteered themselves for the same and ensured all college staffs and students received a sample of the same for themselves and also for their family members. Volunteers also received a platform to clear their doubts and thus the class turned out to be very informative.

## > HIROSHIMA DAY

A programme was conducted by NSS on the remembrance of the Hiroshima nuclear bombing victims on 8<sup>th</sup> August 2017 at TB Nainan Hall. Dr Jenee Peter Assistant Proffessor Department of History and the students from International Christian University Japan were the prominent figures of the occasion .The programme began with NSS song .Followed by a video presentation on Hiroshima , Japanese students also shared their experience on witnessing the aftereffects on Hiroshima victims and their generations thereafter.As a tribute to all Hiroshima nuclear bombing victims students, from ICU taught to make sadoko crane to commemorate her strength and determination and together they hung them in different places in UC campus .This session gave NSS

volunteers to share an international platform to share their cultural heritage.



#### > INDEPENDANCE DAY

The independence day was celebrated in our college in the auspices of NSS and NCC on 15 th august 2017. The programme began at 10 am in VMH ground .Principal Dr. P . Thomas Mathew hoisted our National Flag and felicitated the program. 45 NSS volunteers and 37 NCC cadets along with NSS Programme officer Kurian c soman ,NCC officer cpt. Narayan and all the senuior staffs were present for the same . The medals were awarded to volunteers who showed excellent service for the academic year 2016 -17. .





#### > ONE DAY CAMP

A One day camp was conducted for the 1<sup>st</sup> year NSS volunteers on 15<sup>th</sup> August 2017 in VMA Hall . The programme began with NSS song . NSS program officer Kurian c soman gave the introductory speech .The major attraction of the program was an awareness class on organic farming techniques by Mr. Dr. Anil Kumar Assistant Proffessor Department of Botany. The Afternoon sessions were colourful with games and cultural programs by volunteers .The camp ended by 4 pm

#### >BLIND SCHOOL VISIT

The NSS unit of UC College were actively present in an event held at Blind school ,Keezhmad on 20<sup>th</sup> September 2018. The Former students of the school conducted a program called ‘ GURUVANDHANAM’ to pay tribute to MAR chrisosotam valya matropolita to his great efforts in field of social work. The programme began by 10 am. NSS volunteers volunteerd the function managing the registration works, refreshmants and organized an exhibition with exhibits from the students from blind school . NSS Volunteers helped in wrapping the

function with more moments that were both sweet and memorable. Volunteers got an opportunity to interact with all senior teaching faculties and other eminent figures. They were a great help for all the blind students and senior citizens who attended this auspicious event .The day filled with happy memories ended by 4 pm.



## > BLIND SCHOOL VISIT 2

The NSS Volunteers visited the blind school at keezhmad on 5<sup>th</sup> November 2017. Hundred NSS volunteers along with programme officer kurian c soman reached the school by 10 am .The volunteers performed various cleaning activities in the school premises ,which included cleaning their play ground and preparing a garden for the school. All volunteers participated actively in all cleaning works with true dedication .Volunteers also got a chance to interact with the blind school students. They did spent their majority time in



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### > NSS SEVEN DAY SPECIAL CAMP

The seven day camp of National service scheme unit of Union Christian College, Aluva conducted from 31<sup>st</sup> August to 6<sup>th</sup> September in NSS High school Kothala , Kooropada Panchayat of Kottayam district . The seven day camp conducted in collaboration with kooropada panchayat was named as KATHIR 2017 . During the seven days NSS volunteers of UC College visited 3726 houses in the panchayat and gave an orientation about the importance of organic farming among the people.

During the strenuous process we got succour from the corresponding ward members throughout the process . They provided the complete list of voters in every single ward and by using this we could cover almost all houses which were overreach. On 31 st August our camp begun and we reached kooropada in the early evening . All arrangements have been done in the guidance of our programme officer and the senior executives , volunteers were detailed about the survey to be conducted . The volunteers were divided into several committies including mess , cleaning , programme , reception etc and the duty rotated daily . After the introductory scenario ice breaking session was conducted and it helped the volunteers to mingle easily . The following days began with the NSS Song, flag hoisting reading out quote of the day and camp paper by NSS Volunteers at 6 am. After that a yoga practising session happened in the guidance of our programme officer.

After having their breakfast volunteers lined up in apredetermined manner . Total 94 volunteers were grouped into 15 groups and each of the groulp was led by a senior executive . The wholehearted cooperation enabled our NSS unit to complete all the wards in the panchayat and covered almost all houses feasible. Volunteers succeeded in conveying the need and scope of organic farming among the people . They also distributed the booklet and stickers provided by Mahatma Gandhi university . The volunteers returned back by 5 pm . After refreshments various entertainment programmes were conducted , including skit competitions, dance , music , quiz competitions etc.. All volunteers actively participated in all activities.

On the following days our senior executives visited the camp site . This provided a platform for reminiscence and volunteers entertained them with various programs. As form of gratitude NSS volunteers took a day off from their survey works and cleaned the school campus. They were divided into



groups and were assigned with different location in and around school premises. By assigning day duties to volunteers we were able to bring out good leadership and organizational skill in many .The last few days of the camp was filled with joy , happiness and a mindfull of gratitude . The panchayat members arranged an onasadhya for all the volunteers for their exemplar work during the 6 days . They appreciated the effort taken by college officials and programme officer . The official concluding ceremony was on 6 th September , Camp members shared their experiences throughout the camp and thanked god almighty for his wonderful blessings throughout the seven day camp.



## > ROSES-SPORTS FOR DISABLED

A Sports day was organized by Rotary club for the mentally challenged students at UC College on 18 th November 2017. The day began at 9 am and was

inaugurated by Actor Rajeev pillai . Students from 36 different special schools participated in the events. NSS volunteers were allotted for each schools and their need was met accordingly. Apart from these , separate volunteers were assigned for special departments of work in areas like food arrangement ,proper conduction of events, prize distribution ,transport etc..The volunteers took care of the special students and provided assistance to all their activities ,Volunteers went through a different experience and this whole day provided them with a whole lot of new memories.







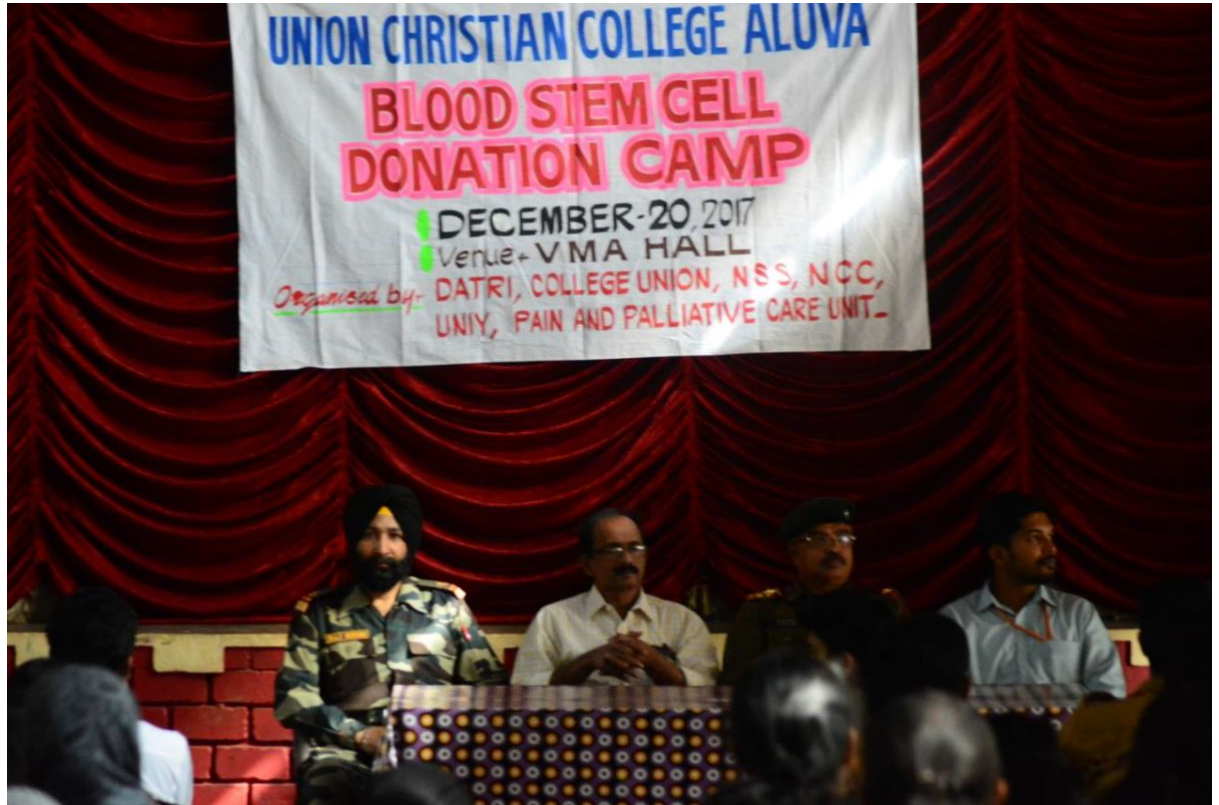


#### > STEM CELL DONATION CAMP

The dream of conducting a large stem cell donation camp started off with an orientation class on 16<sup>th</sup> December 2017. The program was conducted in collaboration with dhatri foundation. An NGO to promote stem cell donation. The class was led by Mr. Ebi, volunteer from dhatri foundation. NSS Volunteers, NCC cadets and UNI Y Members attended the class. The class was really informative and provided a platform to clear doubts regarding stem cell donation. He pointed out the importance of stem cell donation and importance of saving one life.

➤ On 20<sup>th</sup> December a 10 membered team from dhatri foundation carried out the stem cell sample collection in VMA Hall. The camp began at 10 am. Around 531 donors from in and around UC College registered for stem cell donation. The donors included students, teaching and non teaching staff, autorickshaw

drivers daily ,wage workers from in and around UC College .The donation camp turned out to be a huge success with the whole hearted cooperation of managent, staffs and students.



SUCHITVA BHODHANA YAJNAM -2018

On January 2 , 2018 NSS volunteers along with Fr . George Pittapallil organized a rally from advaitahsramam to UC college. The rally began by 9 am and covered all major junctions between ashramam and the college . Volunteers actively participated in the rally .The rally reached UC COLLEGE by 10 30 am .After refreshment the organizers conducted an outdoor session portraying the need to have clean environment and the need to stay healthy with the art of simple living .

On 27<sup>th</sup> February 2018 ,45 NSS Volunteers helped in clearing out the plastic waste from the whole manapuram surroundings with the support and guidance received from municipal cooperation aluva and plan@earth members . The program began by 9 am. All NSS volunteers



actively participated in the cleaning work . Later by 11 . 00 am volunteers were directed to HARITHAVANAM , an ecofriendly environment in manapuram premises .Volunteers were divided into different groups and exhibited their talents for the rest of



## > YOUTH DAY CELEBRATIONS

In accordance with Youth Day on 12 th January 2018 , NSS unit UC College , Aluva conducted series of competitions like versification , poster making , face painting etc..The following students were awarded. Department vise competitions were held .Students participated in each competitions with true sportsmanship.

### Versification English

1<sup>st</sup> prize Abdul Basith (2<sup>nd</sup> B A English)

2<sup>nd</sup> prize A arsha Sai J (2<sup>ND</sup> Bsc Psychology)

### Versification Malayalam

1<sup>st</sup> prize Agna Johnson(1<sup>st</sup> BA Malayalam)

2<sup>nd</sup> prize Amrithendhu (2<sup>nd</sup> BT & SP)

### Poster Making

1<sup>st</sup> prize Jebin George Boby & Arul (1<sup>st</sup> MA English)

2<sup>nd</sup> prize Jithu AS & Boban Thomas(3<sup>rd</sup> Malayalam)

### Face Painting

1<sup>st</sup> prize Boban Thomas & Jithu A.S (3<sup>rd</sup> Malayalam)

2<sup>nd</sup> prize Muhammed Anas (3<sup>rd</sup> Bcom tax) & Sreejith (3<sup>rd</sup> Mathematics)







### > BLOOD DONATION CAMP

NSS unit in association with IMA , Aluva , NCC and college union conducted a blood donation camp on 6<sup>th</sup> February 2018. Realizing the importance to save life ,many students and teachers came forward to donate blood . The medical procedures began with the certifications to make sure that donors do not suffer from any sort of illness .They received nearly 40 units of blood from the college community with the support of the medical team . Refreshments were later provided for all donors .This event turned out to be a great success with the wholehearted cooperation of our programme officer Mrs Neethumol Varghese and all our NSS volunteers



## > VOLUNTEERS FOR JOB FAIR

In support to the job fair conducted by the MBA department of UC College Aluva on 23rd Feb 2017, 45 NSS volunteers performed an exemplary service to the same. Job fair was attended by 40 plus companys and thousands of applicants. Volunteers were assigned to groups involved in the tasks of registration, reception, help desk ,food committe etc...Volunteers were also assigned separetly to different companies ..All activities were controlled by NSS volunteers under guidance from staff members from MBA department .Volunteers received certificate of appreciation for their well oraganized rendition .



>MANAPURAM

CLEANING

the

day









### >ADMISSION HELP DESK 2018

As directed by the management of UC College ,Aluva NSS volunteers took initiative to control the admission help desk 2018 .NSS volunteers directed the new applicants to different counters as their requirements. Volunteers were guided by the admission council of uc college , aluva . The service from help desk was available from 27 th May to 2nd June .Volunteers actively participated in running the help desk so efficiently . They were assigned with the duty to distribute application forms and



challans according to their marks from the qualifying examinations.



The NSS Unit of UC college ,Aluva has organized various programmes apart from those listed above like pledge on cleanliness, celebrating Gandhi jayanthi, republic day ,Orientation programmes on various topics like organic farming, campus cleaning, blind school cleaning etc.....



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