

UNION CHRISTIAN COLLEGE, ALUVA

NATIONAL SERVICE SCHEME

UNIT NUMBER- 52

- **6th June 2019:Environment Day Celebration**

World Environment Day was celebrated in our college on 6th June 2019 by our NSS volunteers

We prepared posters and placards on environmental conservation and had a short rally around the college spreading awareness on nature conservation. After that we planted a sapling in one of the major area of our campus and volunteers decided to take care of the sapling day by day. About 50 of our NSS volunteers actively participated in the programme.



- **21st June 2019:YOGA DAY**

We celebrated yoga day on June 21st in association with our MCA and Physical Training department. A mass Yoga session was conducted in our auditorium. Most of our NCC and NSS volunteers participated and made the function an auspicious one.



- **24th June 2019:Orientation For 1st years and Parents**

An orientation programme was conducted for the first year students and their parents on 24th June 2019 at Tagore auditorium, 35 of our NSS volunteers participated in the programme as volunteers.

- **26th June 2019:Anti Drug Day**

A Hand Against Drug programme was conducted in our college in the presence of our college bursar Dr. M.I. Punnoose , NSS programme officers Miss NeethumolVargheese and Dr. PromodDomanic, A palm printing protest was conducted against increased drug usage among youths. Most of the NSS volunteers in association with the Gandhi Darshan club of the college and NCC cadets participated in the programme. It was a special event where every student unitedly presented the idea of “Say no to Drugs. And Say Yes to Life”. Dr. M.I.Punnoose sir initiated the pledge on saying no to drugs and all of us participated in it.



- **Enrolment of first year volunteers – July 15, 16**

The selection of 2019 -20 NSS volunteers was conducted. Forms were distributed in the first week and the selection procedure was conducted in the third week. Many students showed their interest in joining NSS and the most deserving was selected.



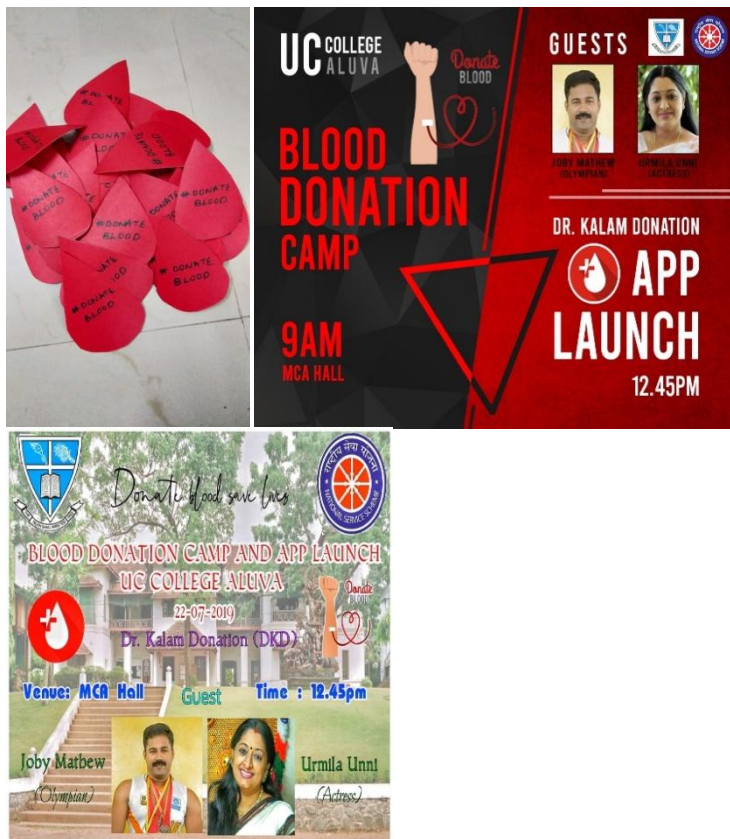
- **Eco campaign- Green Kerala Mission -July 16**

As a part of the 'Green Kerala Mission', posters of the same were displayed in the campus by NSS volunteers. The posters were pasted at places where the students gathered the most like canteen, library, college notice board etc...



- **Campaigning for Blood donation – July 18 , 19**

Campaigning was conducted for the Blood donation camp which was held on 22 July in association with IMA Kochi. Importance of blood donation and the role students need to play in such scenarios was conveyed to the students. The badges, charts and placards made by the NSS volunteers for the same were well used for this. The details of the students who were willing to donate blood were collected.



- **Blood Donation Camp – July 22 Monday 09:00 AM – 04:00 PM**

The blood donation camp conducted in association with IMA Kochi. Almost 80 college students came up willingly to donate blood for the camp. From the 80, 57 students were able to donate blood to the blood bank. Teaching and non teaching staffs were also a active participants in the event.



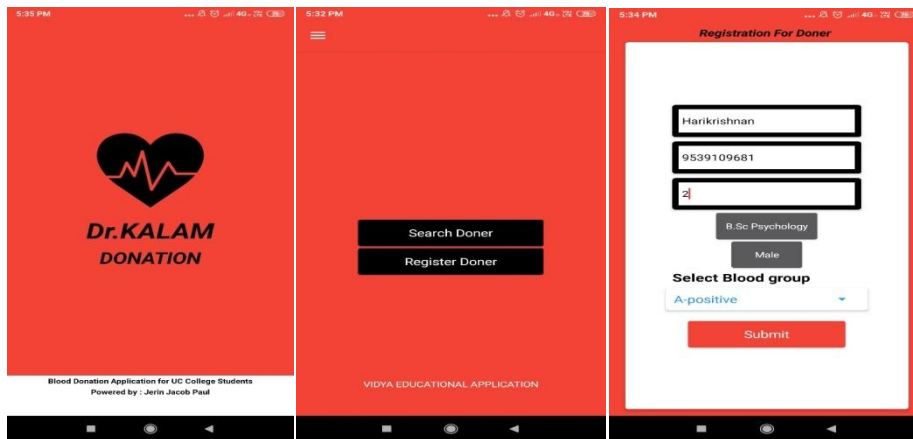
- **DKD (Dr. Kalam Blood Donation App) Launch – July 22, 12:45 PM**

Dr. Kalam Blood Donation (DKD) app is a innovative initiative of the NSS unit of Union Christian College Aluva. It reduces the efforts of finding a donor at critical times. There is no need to go to every class and enquire about donors, instead with just a click all the donor details will be available and contacting them would be easy. Olympian Joby Mathew inaugurated the program. Cine Actress Urmila Unni was the special guest for the event. All the NSS volunteers of the college actively participated in the inaugural function.



- **Collection of details of blood donors for DKD – 23 , 24 , 25 July**

The collection of details of the students who were willing to donate blood was done by the NSS volunteers and the donors list was enrolled in the app. Details required in the DKD app were Name of the student, Year , Department , Phone number and Blood group.



- **Campaigning and Collection of materials towards the Assam flood relief entitled “No. 20 Assam mail” – 29 , 30, 31 July**

No. 20 Assam Mail was an initiative by NSS unit of Union Christian College Aluva, to help those affected by the floods in the state of Assam and Bihar. Campaigning was conducted in the campus in order to collect the materials required to send to the affected zones.



- **Pledge on Green Kerala Mission – August 1**

Pledge on the Green Kerala Mission was taken by the NSS volunteers on August 1st. College Bursar, Dr M.I Ponnose narrated the pledge to the students and conveyed the importance of Green campus-Clean campus.



• No. 20 Assam Mail – August 2

Materials were collected and sorted by the NSS volunteers. All the primary items required for the survival of people were identified and were collected. It includes dress, toothbrush, paste, sanitary napkins, bedsheets, blankets, soaps, detergents etc. The boxes were handed over to Mr. Jobin George of BPS College, Piramadam by the Principal, Dr. David Saj Mathew of the college.



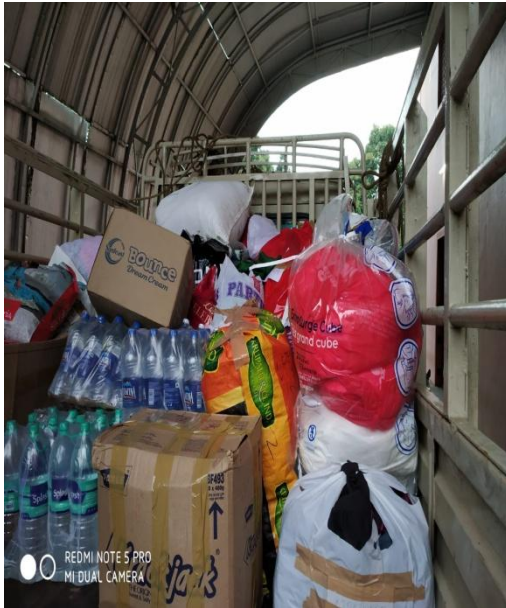
- **Hiroshima Day – August 6**

A moment of silence for the victims of the atom bombing at Hiroshima was taken by the NSS volunteers. Sadako Sasaki Origami crane making was taught to students by one of the NSS volunteer.



- **Collection Point at UCC – August 10 – 13**

During the Kerala floods of 2019, Union Christian College became a main collection point for the flood affected peoples of in and around Kerala. NSS volunteers were active participants in the collection point. Materials were collected and send to Nilambur and Wayanad. 14000 dress materials, 4470 sanitary napkins, 2023 diapers, 1890 cleaning materials, 685 variety of medicines, 1250 food items, 270 mosquito coils, 121 mats, 593 toothpaste and brush, 686 soaps, 194 Kg Rice, 68 Kg different types of Cereals and 200 water bottles were collected and was handed over to the affected area.



പ്രിയപ്പെട്ടവരേ,
 യൂസി കോളേജ് കളക്ഷൻ പോയിന്റ് എന്നത് 6 വിദ്യാർത്ഥികൾ
 മുൻകൈ എടുത്തു നടത്തുവാൻ തീരുമാനിച്ച
 ഒന്നായിരുന്നു.ശേഷം ഭീരു ദിവ്യ മിസ്സിന്റെ സഹായത്തോടെ
 യൂസി കോളേജ് ഓഡിറ്റോറിയത്തിൽ ആരംഭിച്ചുകയുണ്ടായി.
 പിന്നീട് സ്ഥിര പ്രവേശനത്തെ വിദ്യാർത്ഥികളും, കോസ്റ്റൽ
 വിദ്യാർത്ഥികളും ചേർന്നു. ആദ്യ ദിനം കാരുമായി ഒന്നു-
 ലഭിച്ചില്ലെങ്കിലും ട്രൂ പ്രതീക്ഷ നഷ്ടമാകാതെ അവിടെ
 പ്രവർത്തിച്ചു എല്ലാ വിദ്യാർത്ഥികൾക്കും നന്ദി.
 ആവശ്യത്തിനനുസരിച്ച് സാധനങ്ങൾ എത്തിച്ചു തന്നവർ,
 ആവശ്യങ്ങൾക്ക് പുറമെയുള്ളവ എത്തിച്ചു തന്നവർ, പൈസ
 നൽകി സാധനങ്ങൾ മേടിച്ചുകൊള്ളാൻ പറഞ്ഞവർ, പൈസ
 പിരിച്ചു സാധനങ്ങൾ മേടിച്ചു തന്ന യുവജന കുട്ടായ്ക്കൾ,
 അങ്ങനെയെത്തിയിട്ട് പെട്ടെന്ന് ചേർന്നതായിരുന്നു യൂസിയിലെ
 കളക്ഷൻ പോയിന്റ്.
 ആഗസ്റ്റ് 10 നു ബുദ്ധിയ കളക്ഷൻ പോയിന്റ് അവസാനിച്ചത്
 13 നാണ്. ഈക്കഴിഞ്ഞ ദിവസങ്ങളോടെ ആകെ ശേഖരിച്ചത്
 18000 ൽ പരം യൂണിത്തങ്ങൾ ആയിരുന്നു. ഇതിൽ
 ഉപയോഗസാധ്യമായ 14000 തോളും യൂണിക്സ് ആലുവ
 മുതൽ വയനാട് വരെയുള്ള വിവിധ ഭാഗങ്ങളിലേക്ക് കയറ്റി
 അയച്ചു. ഇതിനു പുറമെ
 • 4477 നാപ്കിനുകളും
 • 2023 വയക്സ്സും
 • 1895 ക്ലിനിക്ക് ഉപകരണങ്ങളും
 • 685 മരുന്ന്കളും
 • 966 കെജുവസ്തുക്കളും
 • 183 കൊത്തുക് തിരികളും മെഴുകുതിരികളും
 • 121 പായകളും
 • 593 ടൂത്ത്പേസ്റ്റും ബ്രഷുകളും
 • 686 സോപ്പുകളും
 • 48 പൂതപ്പൂക്കളും
 • 194 കിടപ്പോ അരിയും
 • 68 കിടപ്പോ ധാന്യങ്ങളും
 • 16 കേസ് കൂട്ടിവെള്ളവും
 കളക്ഷൻ പോയിന്റിൽ നിന്ന് വിവിധ ക്യാമ്പുകളിലേക്ക് നൽകി.
 ഇന്ന് കളക്ഷൻ പോയിന്റ് അവസാനിക്കുമ്പോൾ നന്ദി പറയാൻ
 ഏറെ അധികം ആളുകൾ ഉണ്ട്. കൂടെ നിന്നവർക്കും,
 പ്രവർത്തിച്ചവർക്കും പ്രചോദനം ആവശ്യപ്പെടും എല്ലാം നന്ദി.
 യൂസി കളക്ഷൻ പോയിന്റ്

● “Twinkle Twinkle Little Star” – August 13

“Twinkle twinkle little star – a beam of happiness” is another initiative taken by NSS unit of Union Christian College, Aluva to help the children that were affected by the flood. Online campaigning was started in order to collect toy, books, sketch pens , pencils, pens etc.



- **Independence Day celebration and Flag Hoisting - August 15**

Independence day was celebrated grandly at Union Christian College Aluva. 50 NSS volunteers were part of the celebration. Principal David Saj Mathew hoisted the flag and also addressed NSS volunteers and NCC cadtes with the task of helping the flood relief activities.



- **HELPING HANDS – Sorting and survey –August 19th**

The programme was conducted jointly by NSS volunteers and teaching and non-teachings staffs of the college, to help the households affected by the 2019 floods. 50 flood affected households of Paruvakkad area of Malikampeedika, Aluva were identified and selected through surveys by the NSS volunteers. Each household was given a kit worth Rs.2000/- which was contributed by teaching staffs of the college. NSS volunteers along with the staffs actively participated in sorting and packing the items.



- **SANTHWANAM 2019- Flood Relief Kit Distribution – August 20th**

The Flood relief kit worth Rs 2000/- was distributed by the Principal Dr. David Saj Mathew to the flood affected households of Paruvikkad area, Malikampeedika. It was a moment of immense pleasure and proud to watch the happiness in the faces of the victims. Panchayat member and President was also a part of the meeting titled SANTHWANAM 2019.



- **AYURVEDA AWARENESS PROGRAMME – August 22nd**

This programme was conducted as a part of “NATTARIVU DINAM” to provide an awareness on lifestyle diseases in teenagers. The programme was organised in association with KOTTAKKAL ARYA VAIDYASALA. The class was handled by Dr. Kavitha and her team. All NSS volunteers and interested students and staffs of the college attended the class. The class was really informative and useful.



- **ONE DAY CAMP : VAZHAKKANNU- August 28th**

2019-20' NSS **one day camp**, named ‘VAZHAKKANNU’ , was conducted on 28th August 2019. 120 of the NSS volunteers participated in the one day camp. Dr. Kurian C Soman, the former NSS program officer, took the orientation class from 9:00 am to 10:30 am on NSS and its objectives. This was followed by an ice breaking session and working session. From the one day camp volunteers studied the art of cultivating plants. They developed a skill of working in the soil and they took oath to take care of the plants and vegetables they planted throughout the year. The volunteers planted 110 banana saplings, 65 tapioca stems and some vegetables. Seeds were provided by the Department of Physics. Cultural programs were organized during afternoon session and was the programs were really entertaining



- **3 Day Leadership Camp For Volunteer Secretaries – August 30 - September 1**

Leadership Training camp for all the NSS volunteer secretaries in colleges under Mahatma Gandhi University was conducted and the NSS volunteer secretaries Sebin Xavier and Anila Daniel from Union Christian College, Aluva also attended the camp. The camp gave a lot of memorable experiences in their life.



- **Kera Dinam – September 2nd**

The coconut palm is one of the most beautiful and useful trees in the world. It supplies food, drink and shelter and also supplies raw materials to number of industries. As Keralites, Kera Dinam is of great importance to us. Through a talk on the advantages of Coconut trees, Principal David Saj Mathew planted a coconut tree in college campus as a start up. We are planning to plant more coconut saplings in the campus.



- **THOOSHANILA , Campaigning – September 3,4**

A campaign to create awareness for avoiding plastic glasses and plates for Onam celebration in various department was organized by the NSS volunteers.



- **VAZHAKKANNU – Maintenance , September 4th**

In accordance to the one day camp ‘VAZHAKKANNU’, more banana saplings were planted and monitored the existing ones.



- **College Union Inauguration – September 5th**

Almost 50 of the NSS volunteers , volunteered for the pre and post works of the College Union inauguration program. They helped in arranging the stage and the hall, also helped in easy passage for the chief guests Tovino Thomas and George Pulickal , without much disturbances from the crowd.

- **THOOSHANILA- Onam Celebration –September 6th**

As a part of the initiative of NSS volunteers, all departments used banana leaves in serving the traditional Sadhya. The department who has shortage of the leaves was supplied banana leaves by the volunteers. All kinds of wastes of the Onam celebrations were collected and buried in a pit for decomposition. Around 20 volunteers stayed back and helped in this process.



- **Twinkle Twinkle Little Stars – September 7,8**

Items collected through our initiative were sorted and was delivered to the kids , who were affected by the 2019 floods in Wayanad. The boxes contained toys and other stationary items suited for children.



- **KADALASUTHONI campaigning- Sept 9,10, 11**

KADALASUTHONI is a new initiative by the NSS volunteers to collect old newspapers from households and to sell them for recycling. The fund obtained so will be used for providing food for children in the orphanages once in a month. An online campaign was started to create awareness of the initiative and to collect newspaper from the households of the students.



Details of activities from 16th September 2019 to 15th October 2019

21 September 2019

NSS volunteers took initiative to clean the front yard of our teachers` quarters and made it possible for vegetation. Some of our volunteers participated in maintaining "UC yudeKrishithottam".

23 September 2019

NSS Golden Week celebrations were flagged off. Our volunteers perfectly cleaned UCC Bus stop whose condition was very pathetic. Bus stop of UCC which was cleaned as a part of NSS Golden Week Celebrations was given a new life. The old bus stop was painted by our volunteers and was made wonderful. Our 10 volunteers took initiative to look after and modify the bus stop. Volunteers made it good for using and planned for renovating it by painting it beautifully.



Volunteers also participated in spreading awareness about the importance of blood donation and collected details for DKD Blood Donation App.

24 September 2019



Celebrations of 50th Year of NSS was with the donation of 50 steel plates and 50 steel glasses to our college canteen as a part of awareness among the college students and faculties about less usage of



plastic. College Principal Dr. David Saj Mathew, NSS Programme officers Dr. Pramod Domnic and Ms. Neethumol Varghese handed over the utensils to one of the canteen staffs. On the same day volunteers conducted a mega flash mob at the college entrance with 100 volunteers. We also had an auspicious session with former NSS Program Officers of our college. In the occasion our college bursar and senior most Program Officer, Dr. M I Punnoose inaugurated our official NSS page on Instagram.

25 September 2019

A photography competition was announced on our Instagram page 'nssofficialucc' on the topic "Food". We tried to spread awareness on importance of food and deaths caused due to lack of proper food.

26 September 2019

A poster designing competition was held on 'Impact of Fat Food and Packaged Food Items'. Students participated eagerly. We had mass maintenance work on UCC yudeKrishithottam. More than 125 banana saplings, 65 tapioca and 20 vegetables are growing healthy.



27 September 2019

NSS volunteers of UCC organized a massive Treasure Hunt in our college campus. Only college students were allowed to participate. More than 400 students participated. We also conducted a Sharp Shooters competition to improve the sport skills and talents among the students. Students participated in the events with great enthusiasm and our NSS Golden Week Celebrations ended wonderfully.



30 September 2019

NSS volunteers participated in the orientation class held on 30th September on anti narcotics and anti drugs. The programme was inaugurated by the Principal. Various officials of the Health department took classes for the volunteers.



1st October 2019

NSS volunteers were involved in the cleaning programme at “Manappuram Lohithadas Smrithi Mandapam” at Aluva. The Mandapam was totally destroyed in the flood of August. Our volunteers took initiative and cleaned the area and a camp for teachers was conducted there. 25 volunteers



participated

2nd October 2019

Mahatma Gandhi's 150th Birthday was celebrated with Director R.J. Mathukkutty, former NSS volunteer Executive of UC College. He interacted with the volunteers and shared memories about NSS. Our volunteers cleaned the road and premises of Thandirikkal Route near our College. Students also took time to maintain the UC yudeKrishithottam of UCC and more than 140 of our banana saplings were provided with organic fertilizers.



3rd October 2019

NSS volunteers, in association with College Union and Gandhi Darshan club of the college, planted 33 fruit bearing trees in the campus. Most of the NSS volunteers actively participated in the process.



12th October 2019

As part of the “Kadalassuthoni” initiative, NSS volunteers went to households nearby college and collected old newspapers. A total of 1000 Kg was collected.



14 October 2019

The newspaper collected from households and from the college , as part of the “Kadalassuthoni” initiative was sold to a recycling plant. The money is decided to be used for social works.



15 October 2019

As part of the “White Cane Day”, NSS volunteers visited the KEEZHMADU BLIND SCHOOL , they had an interactive session with the students at the school. There was an exhibition of handcrafted items made by the students of the school. There was an orientation session about Blind Football by Sujith Aroor, current Goal keeper of the Indian Blind Football team.



Details of activities from 16thOctober 2019 to 15thNovember 2019

- **16 OCTOBER 2019**

UC College NSS volunteers participated in the meeting conducted to make Kunnukara Grama Panchayath a plastic free zone. The meeting proposed to conduct ward wise survey and awareness classes.



- **17 OCTOBER 2019**

In order to show our love and respect to honorable President of Netherland, his wife and the honourable Governor of Kerala, NSS volunteers took initiative.



- **7 NOVEMBER 2019**

NSS volunteers conducted a maintenance work in the “UC yudeVazhathottam”. Volunteers took initiative to clean the land and put organic fertilizers.



- **16 NOVEMBER 2019 : A MISSION TO AVOID PLASTIC**

NSS volunteers prepared paper pens in order to reduce the use of plastic in the campus. As an initiative we distributed paper pens to our college faculties.



17 NOVEMBER 2019: GANDHI SMRITHI YATHRA

NSS volunteers became a part of 'Gandhi Smrithi Yathra' conducted by Mahatma Mathrubhumi study circle, Nehru Yukendra and Public Relation Section of Kerala government. The Gandhi Smrithi Yathra started from the Gandhimavu of our college and then move on to Aluva Manappuram. 40 NSS volunteers participated in the programme.



• 23 NOVEMBER 2019 : BUS STOP PAINTING

Our NSS volunteers took a great effort to clean and paint the Bus stop of Union Christian College, Aluva. The portrait of heritage building of the college, Kacherimalika was drawn beautifully in the bus stop along with the emblem of NSS. The residents gave a wonderful support to our initiative.



- **27 NOVEMBER 2019 : CAMPUS CLEANING**

Along with the Union members of the college and NCC cadets, NSS volunteers cleaned the campus. All type of small plastic waste was removed from the college. Almost 50 of our volunteers participated. College principal Dr. David Saj Mathew Sir inaugurated the cleaning programme.



- **28 NOVEMBER 2019 : UCyudeVazhathottam**

A one-day programme was conducted for the volunteers to take care of the growing banana and tapioca saplings. Volunteers accustomed with the importance of caring the nature and owning a garden.



MONTHLY REPORT: December 16 January 15, 2020

- December 20 to 27 suvarnam 2019



Our annual 7 day residential special camp was held from December 20 to 27 at Akavoor high school Sreemoolanagaram. Our main aim was to avoid the use of plastic and promote the use of clothbag and paper bag. Volunteers did various workshops for this, a street play, a survey based on energy conservation and many other activities.

- **December 23 Monday, “AMMAKILIKOODU”**



We spend a day with grandparents in an old age home ‘Karunalayam’ Sreemoolanagaram. The program was conducted as a Christmas celebration for dear mothers. Volunteers used the money collected by the program “Kadalasuthoni” in which they collected and sold old newspapers for this day.

- **January 02 Thursday Clean Kochi, Green Kochi**



Kochi municipality organized a mass cleaning program at Fort Kochi carnival ground, “green cochin mission” after the new year eve. Almost 40 of our NSS volunteers were participated. The program was conducted as a part of plastic prohibition by government of Kerala and students from many schools and colleges were also participated in that program.

- **January 7 Tuesday Blood donation camp**



A blood donation camp was conducted by our NSS unit in association with blood bank, general hospital Ernakulam in 7th January 2020. Blood was donated by 41 students of our college.

- **January 11 Saturday, 'THIRIKE'**



Reunion of old NSS volunteers of our college "THIRIKE" was conducted on 11th January 2020. Volunteers from 1985-2005 came for the program. It was an awesome experience as they shared all the memories and experiences when they were volunteers. We also honoured our old NSS program officers.