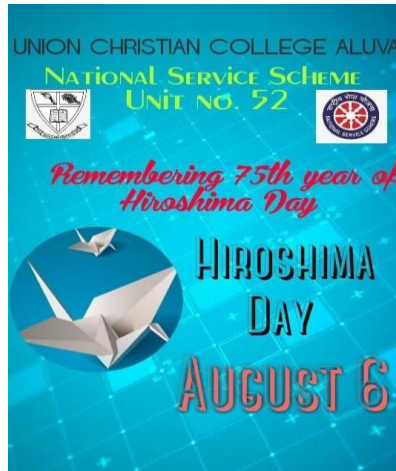


NSS Activities of 2020-21

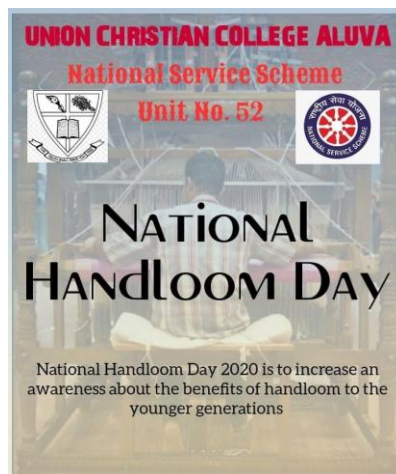
- **HIROSHIMA DAY - August 6, Thursday**

An awareness poster was made by the volunteers, remembering the 75th year of Hiroshima Day.



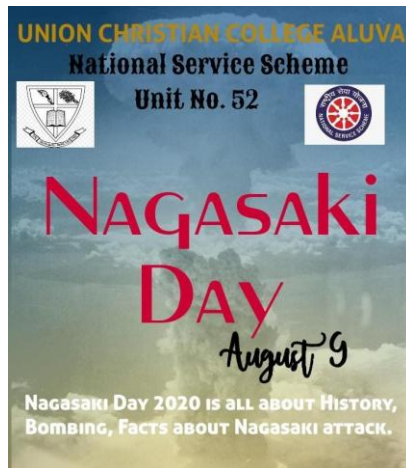
- **NATIONAL HANDLOOM DAY- August 7, Friday**

National Handloom Day 2020 is to increase an awareness about the benefits of handloom to the younger generations. An awareness poster and a video on the significance of handloom day were made by the volunteers



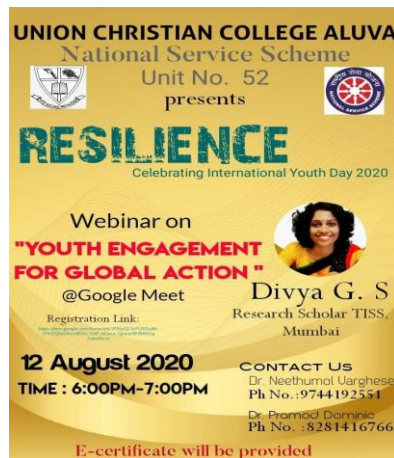
- **NAGASAKI DAY- August 9,Sunday**

On the occasion of the 75th year of atomic bombing in Nagasaki, volunteers made an awareness poster.



- **INTERNATIONAL YOUTH DAY WEBINAR- August 12, Wednesday, 6:00pm to 7:00pm**

As a part of the International Youth Day celebrations, "RESILIENCE", an online webinar on "Youth Engagement for Global Action" was conducted. Divya G S, Research Scholar TISS, Mumbai was the resource person. The webinar was conducted on Google Meet platform. NSS volunteers of the college actively participated in the webinar. A total of 141 students from various colleges participated in the webinar. E- certificates were provided to all active participants.



- **INDEPENDENCEDAYCELEBRATIONSANDFLAGHOSTING-August15,Saturday**

IndependenceDaywascelebratedatUnionChristianCollege,Aluva.Due to Covid-19 restrictions, only 4 NSS volunteers were part of the celebration. Principal David Saj Mathew hosted the flag and addressed NSS volunteers and NCC cadets.

As part of the Independence day celebrations, an online quiz on “Indian Independence” and a photography competition were conducted. Many students participated in the programs. E-certificates were provided to all participants.



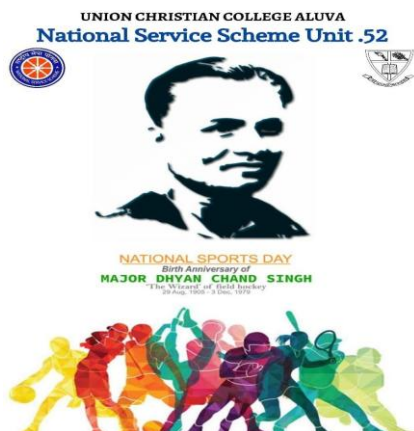
- **“MM”DE ONAM - August 27 to September2**

As part of onam celebrations, competitions like caption writing (**MaveliyodonnumThonnalleMakkale**), face painting (**Thalavara**), and Onapaat (**KavilePaatmalsaram**) were conducted. Students from various colleges and schools participated. E-certificates were provided to all participants.



● PUSH- UP CHALLENGE - August 29, Saturday

As a part of the National Sports Day, a push-up challenge was organised. NSS volunteers and many students of the college were part of the challenge.

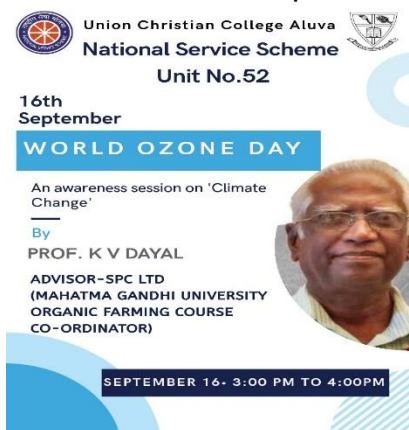


● DISTRIBUTION OF MASKS MADE BY NSS VOLUNTEERS- August 31, Sunday

Masks are essential materials during the present Covid-19 crisis. NSS volunteers of the college had made cloth masks during the lockdown. Masks made by the volunteers were distributed in District hospital, Aluva and in SC Colony (ward 10) of Vengola panchayat by ward member Smt Merly Roy.

- **Awareness session on Climate Change - September 16, 3:00pm-4:00pm**

As a part of the World Ozone Day, an online awareness session on "Climate Change" was conducted on Google Meet platform. **Prof. K V Dayal, Organic Farming Course Coordinator, MG University** was the resource person. NSS volunteers and other students of the college actively participated in the session. The talk ended up as an extremely fruitful session for the students.



- **NSS Day - September 24, Thursday**

College canteen of UC College has been shut since March owing to Covid-19 pandemic and the employees were left without jobs and salaries and have been leading a hard life. Understanding their crisis, college NSS Unit decided to lend a helping hand to them with the aid of teachers of the college. On the 51st NSS Day, NSS volunteers executed the plan. Financial support and a food kit were handed over to the canteen employees by Principal David Saj Mathew at the canteen premises by 11:30am. NSS Program Officer Dr. Neethumol Varghese and 11 volunteers took part in the program.

As part of the NSS Day celebrations, volunteers made a dance video, choreographing the NSS theme song. Also, an online NSS quiz was conducted for the volunteers.



NSS Quiz

WHO KNOWS
NSS well !!?

NSS Day
2020

Not Me But Thou
മനസ്സ് നന്നാക്കൂ

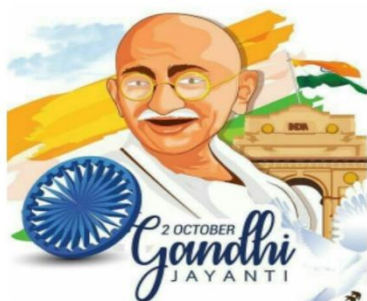


• 7 Day 7 Challenge – October 2 to October 8

A one week challenge program named “7Day 7Challenge” was conducted as part of Gandhi Jayanthi Celebrations. The challenge was conducted from 2nd October to 8th October.

On the first day, October 2, Gandhi Jayanthi, the challenge was “**Clean the House and Premises**”. NSS volunteers actively took over the challenge and cleaned their house and surroundings.

Celebrates 151 years of Mahatma

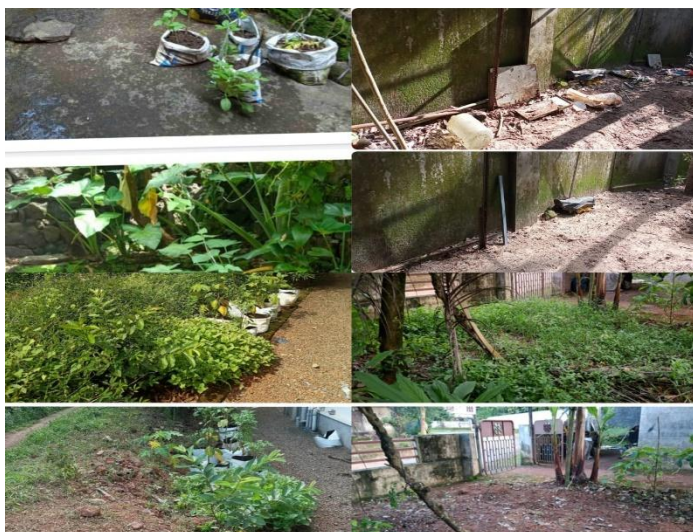


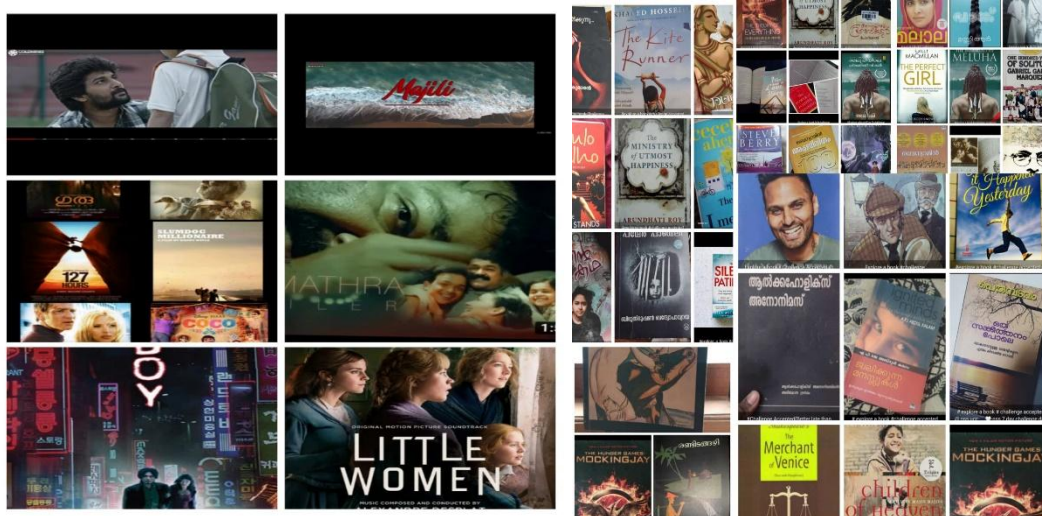
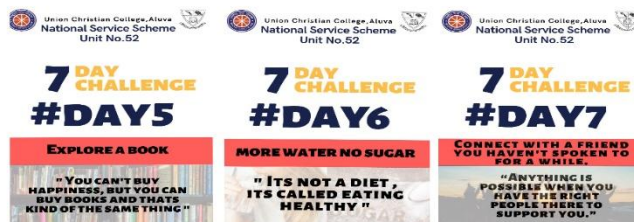
You must be the CHANGE you want to see in the world .

7 DAY CHALLENGE #DAY 1

**CLEAN YOUR HOUSE AND
PREMISES**

" cleanliness begins
from home"



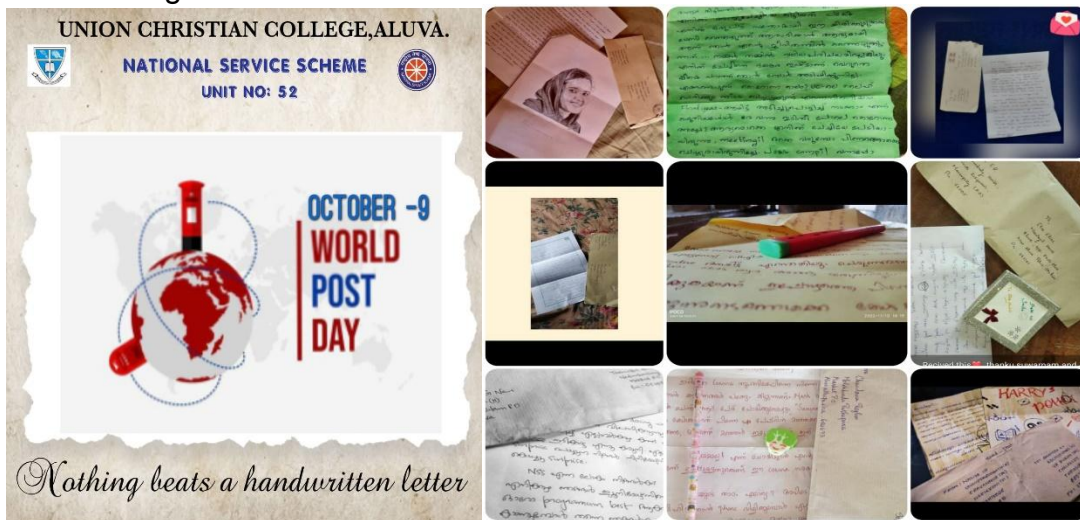


- **Covid Pledge – October 8, Thursday**
NSS volunteers administered a Covid Pledge on October 8, Thursday. The pledge about preventing Covid-19 was taken by the volunteers at their houses by 1:00pm. Volunteers also shared their photos of taking the pledge.



- **World Postal Day- October 9, Friday**

On the behalf of World Postal Day which is celebrated on October 9, NSS volunteers of the college set up an idea of sending postals between themselves in order to understand the importance and significance of postal services. All the volunteers actively executed the idea and shared their happiness on sending and receiving the letters.

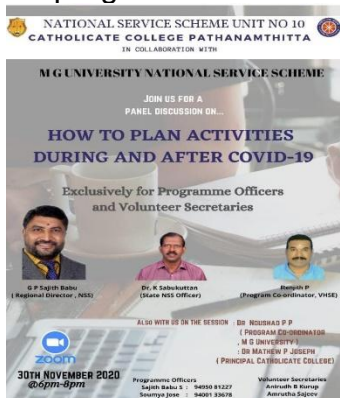


- **KERALA PIRAVI – November 1, Sunday**

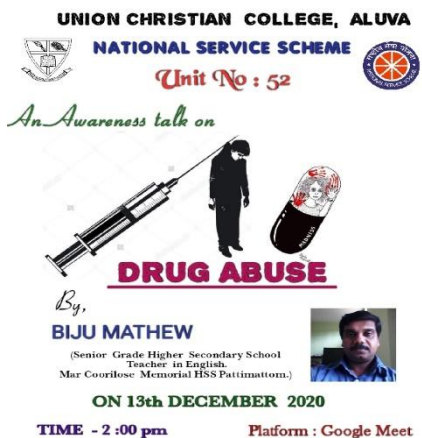
On the day of Kerala Piravi, NSS volunteers prepared a digital poster.



- FIRST YEAR ENROLLMENT- November 11, Wednesday**
 As part of the enrollment of first year volunteers, Google forms were provided to the students. Many students showed interest to join NSS.
- PANEL DISCUSSION- November 30, Monday, 6:00pm -8:00pm**
 MG University NSS and National Service Scheme Unit No. 10 of Catholicate College, Pathanamthitta jointly conducted an online panel discussion on the topic –“How to Plan Activities During and After Covid-19”. Prominent figures in the field spoke about the topic. Programme Officers and Volunteer Secretaries took part in the programme.



- AWARENESS ON DRUG ABUSE- December 13, Sunday, 2:00pm-4:00pm**
 An awareness session on drug abuse was conducted on the google meet platform. The session was led by Mr Biju Mathew, Higher Secondary School Teacher, Mar Coorilose Memorial HSS, Pattimattom. The resource person created awareness on various ways in which youth get addicted to drugs and emphasized the need to help the addicted to get rid of drug usage. Around 150 students from various disciplines participated and benefitted from the session.



- NSS ORIENTATION– January 3, Sunday, 11:00 am**
 An orientation class was given to the first year volunteers about National Service Scheme on 3rd January 2021 Sunday. The class was led by Dr. Jenish Paul, former NSS Programme Officer and Assistant Professor, Department of Chemistry, Union Christian College, Aluva on Google meet platform at 11am. The session was entertaining as well as informative and was helpful for the students to understand various facts of National Service Scheme.

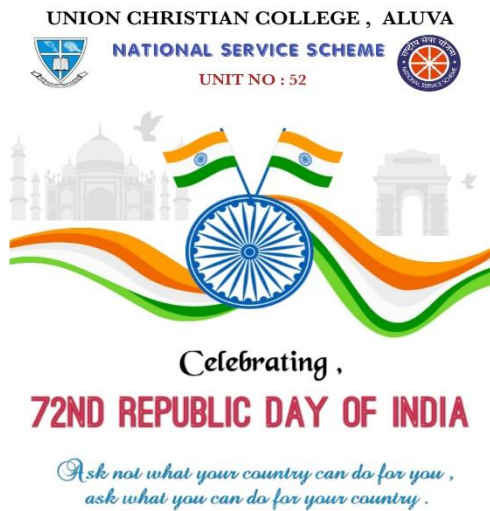


- SEVEN DAY SPECIAL CAMP – January 8, 2021-January 14, 2021.**
 The 7 day special camp for 1st year volunteers was conducted on online /offline mode from 8th January, Friday -14th January, Thursday. The camp entitled “പോരാട്ടം- കരുതാം, കരുത്തോടെപോരാടാം” was held revolving on the central idea – “Youth for prevention and mitigation of covid-19”. The camp was organized under various programs like skill training for envelope making, mask making, sanitizer preparation, file making, planting of saplings in the house of volunteers and in community where they live; Covid-19 survey, blood donation survey, plastic and electric waste eradication etc.



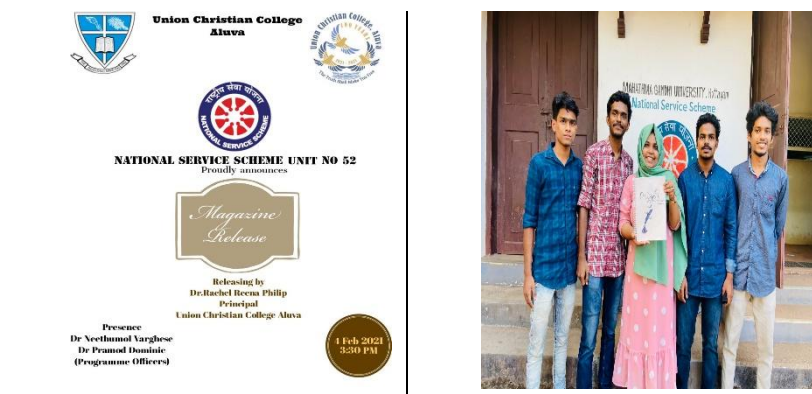
- **REPUBLIC DAY- January 26, 2021.**

As a part of 72nd republic day celebrations, NSS volunteers made and released a digital poster.



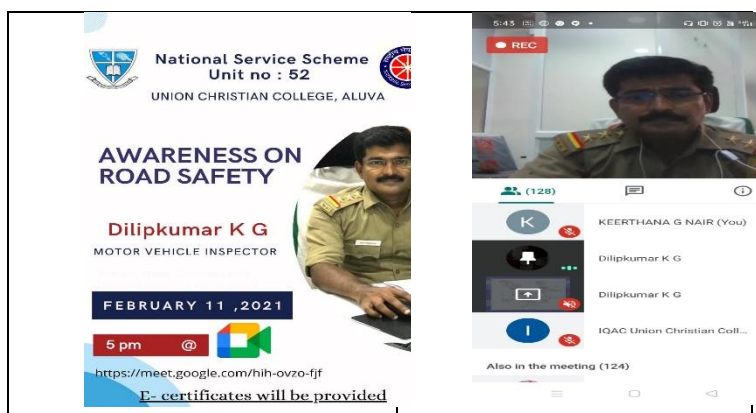
- **MAGAZINE LAUNCH-February 4, 2020, Thursday 3:30 pm.**

The launch of the handwritten magazine prepared by the volunteers for the year 2020-21 was done by college Principal Dr. Rachel Reena Philip. The magazine titled “**SMRUTHI**” included various articles like short stories, poems, essays, painting, and so on.



- **ROAD SAFETY AWARENESS- February 11, 2021, Thursday, 5pm to 6:30 pm**

As part of the National Road Safety Month observed from 18th January to 17th February 2021, NSS unit of the college organized an awareness session on road safety. The session was held on Google Meet platform and was led by Dilipkumar K G, Motor Vehicle Inspector. The class was focused mainly on the rules that people have to obey while travelling through road. After answering questions raised by the participants at the interactive session, the resource person concluded the class by 6:30 pm. E-certificates were provided to the participants.



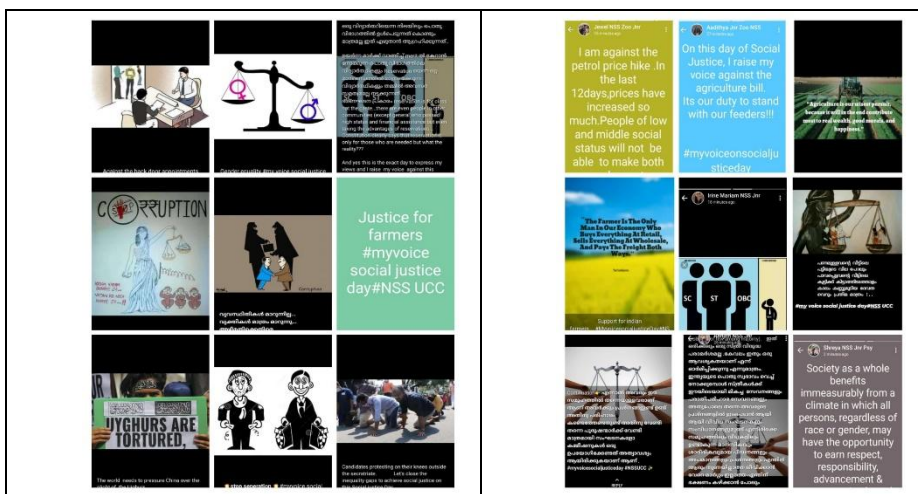
- **ROAD SAFETY MONTH- February 15, 16, 17,18**

As per the guidelines of Ministry of Road Transport and Highways, Government of India, from 18 January to 17 February 2021 is observed as National Road Safety month. The theme for the month is "Sadak Suraksha- Jeevan Raksha". As a part of this, various programs were conducted by college NSS unit. An awareness session on road safety, led by Dilipkumar K G, Motor Vehicle Inspector, was conducted on 12th February 2021. On 15th February Monday, an online quiz based on road safety was organized. A poster making task and an awareness video preparation were also given to the volunteers.



- World Day of Social Justice- February 20, Saturday**

On the occasion of World Day of Social Justice, National Service Scheme of Union Christian College, Aluva organized a 'Whatsapp Status Challenge'. Volunteers were asked to share their objections on any issues of social injustice as their status under the hashtag '#myvoicesocialjusticeday#nssucc'. Volunteers and other students of the college actively participated in the programme.



- HELPING HANDS FOR SREESHAN CHETTAN- March 5, 2021 Friday**

Sreeshan Chettan, a staff member of our college canteen, had been suffering from diabetes and developed an infection on his leg and had to undergo two surgeries as part of the treatment. He was caught in a difficult situation as a huge amount of money was needed for the surgeries and other hospital expenses. Understanding his situation, NSS unit of the college decided to help him. Volunteers contributed as much as they could for the same and collected it through internet banking facilities. On 5th March, the collected money was handed over to Sreeshan Chettan.



- **CAMPUS CLEANING- March 20,2021 Saturday, 9:30am-3:30pm**

As a part of the inauguration of centenary celebrations of Union Christian College, classrooms and premises of the college were cleaned by teachers and students. NSS volunteers were an integral part of the program. Plastic wastes and dry leaf wastes were collected and properly disposed by the volunteers.



- **MEDICINE BOX INSTALLATION- March 20, 2021 Saturday, 11:00am**

A medicine box(Medicine Bank) was installed in front of the college gate by NSS unit of the college in collaboration with CORAA Residents Association, Aluva on 20th March, 2021at 11:00am. The box was inaugurated by Dr. Sujith M A, IMA Zonal Branch Secretary and film director SibiMalayil was the chief guest. UC College Principal Dr. Rachel Reena Philip, NSS Programme Officers Dr.Neethumol Varghese and Dr.Pramod Domonic and other dignitaries were present at the function. The box was placed so that people can donate the left over medicines

after their use in the box. These medicines will be collected at regular intervals and will be given to the needy.



- WEBINAR ON SYSTEMATIC VOTER'S EDUCATION AND ELECTORAL PARTICIPATION(SVEEP)-March 22, 2021, Monday, 7:00pm**

NSS and NCC units of UC College in collaboration with District Administration, Ernakulam and Government of India Field Outreach Bureau, Ernakulam organized a webinar on Systematic Voter's Education and Electoral Participation (SVEEP) on 22nd March on Google Meet platform. The webinar was conducted prior to the Kerala Legislative Assembly Elections. Smt. Beena P Anand, Tahsildar(LR) & Assistant Nodal Officer, SVEEP Programme was the resource person. Sri L G Ponnumon, Field Exhibition Officer, Field Outreach Bureau, Ernakulam; Smt K ABeena, Deputy Director, Regional Outreach Bureau, Kerala Lakshadweep region, NSS Programme Officers, NCC cadets and NSS volunteers were part of the program. The session turned to be very effective as the resource person talked about the significance of being a part of the democratic process and cleared all the doubts raised by the participants.



- **NATIONAL WATER MISSION- March 27, 2021, Saturday**

As part of the National Water Mission executed by Ministry of Jal Shakti, Department of Water Resources, River Development & Ganga Rejuvenation and Nehru Yuva Kendra Ernakulam, volunteers conducted a flash mob on the theme 'water conservation'. The flash mob was performed at the college as well as in ParavurKacheriground, Angamaly Carnival Cinemas and Aluva Railway Station premises. Volunteers had done a great work and their performance was applauded by the spectators.



- **INAUGURATION OF CENTENARY CELEBRATIONS- March 29, 2021, Monday**

The inauguration of centenary celebrations of UC College, Aluva was held on 29th March 2021. The entire programme was coordinated by the NSS volunteers. Dignitaries and guests for the function were welcomed by the volunteers. The excellent and united teamwork of the volunteers proved to be effective in the success of the function. Due to Covid restrictions only 50 volunteers took part in the program.



- COLLECTION OF MEDICINES FROM MEDICINE BOX- March 31, 2021, Wednesday, 9:30am**

Medicines donated in the box was collected and the key of the box was handed over to the college principal. NSS Programme Officers and volunteers took part in the program.

