

# UNION CHRISTIAN COLLEGE ALUVA

## NATIONAL SERVICE SCHEME

UNIT NO: 52

### REPORT OFNSS SEVEN DAY ONLINE CAMP

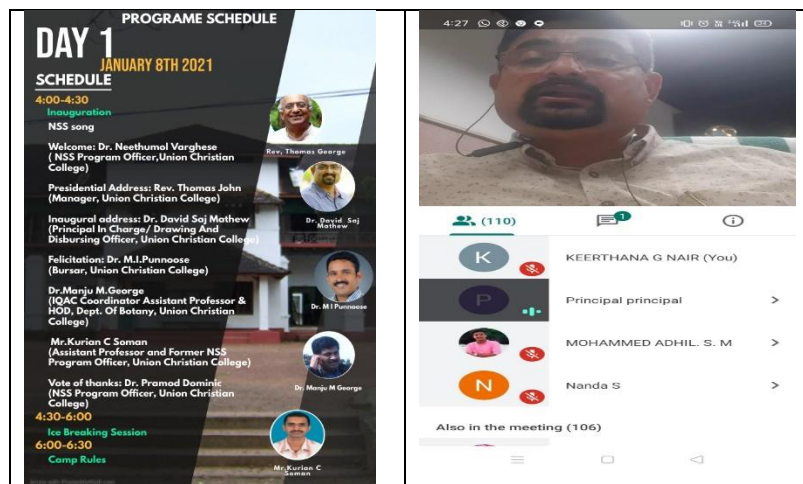
Union Christian College, Aluva, National Service Scheme, Unit No:52 virtually organized a 7 Day Online NSS camp entitled as "പോരാട്ടം-കരുതാം, കരുത്തോടെപോരാടാം" from 8th January to 14th January 2021. The Camp was held revolving on the Central Idea - "Youth for Prevention and Mitigation of Covid 19". The Camp was organized under various skill development programs like conducting effective survey under the topic "Youth for Prevention and Mitigation of Covid 19", and the volunteers were given Awareness and service thoughts in order to cope up and fight against the Covid pandemic. Also the volunteers were well taught in making "masks and sanitizers" - the Covid 19 preventive essentials.



#### DAY 1- January 8 2021, Friday

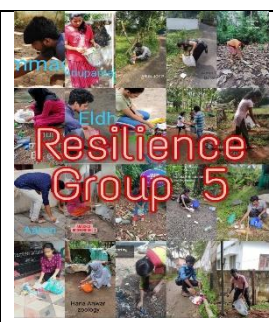
The first day of the camp started with the inaugural meeting at 4:00pm on Google Meet platform. NSS Programme Officer Dr. Neethumol Varghese welcomed the chief guests and the participants of the camp. Presidential address was delivered by Rev. Thomas John, Manager of the College and the camp was inaugurated by Dr. David Saj Mathew, College Principal. Dr. M I Punnoose, Bursar and former NSS Programme Officer of the college; Dr. Manju M George, IQAC Coordinator and HOD, department of Botany, Union Christian College and Mr. Kurian C Soman, Assistant Professor and former NSS Programme Officer of the college gave the felicitations. The meet was concluded with a vote of thanks, proposed by NSS Programme

Officer Dr. Pramod Dominic. It was followed by an Ice- breaking session for the first year volunteers. The session was entertaining and was concluded by 7:15pm. Volunteers were given instructions and general rules of the camp by the Programme Officers and volunteer secretaries.



## DAY 2- January 9 2021, Saturday

The second day of the camp started with the assembly at 7:30am. The day was named as "കഥകൾക്കപ്പുറം". The assembly began with NSS song, followed by thought for the day, reading of digital newspaper titled "പോർക്കളം" and daily report. Programme officers and volunteer executives gave instructions needed for the day and the assembly was concluded. Then the volunteers had the Yoga Session by 8:00am. It was then followed by the community work at 10:30am. The activity for the day was Plastic and Electric waste eradication. Volunteers collected wastes from their surroundings and disposed them properly. At 3:00pm, they had an orientation class on "SOCIO POLITICAL SPACE IN CINEMA" by Dr.Sudheesh K V, famous film reviewer and Chemistry Assistant Professor, St. Thomas College, Kozhanchery. The session was interesting as well as informative and gave a view about different social concepts and how they are being used in cinema over ages. Volunteers were also provided with videos of File Making as part of the Skill Training session and were asked to make a file their own. Lastly, Cultural Programmes began by 7:00pm. The game was named "ORU KADHAI SOLLATUMA". Each group was given a picture and were asked to construct a 10 min story based on that. After the cultural programmes, evaluation session was conducted in which volunteers critically evaluated the activities of the day and the day came to an end by 8:30pm.



MAHATMA GANDHI UNIVERSITY, KOTTAYAM  
UNION CHRISTIAN COLLEGE, ALUVA  
NATIONAL SERVICE SCHEME  
UNIT NO : 52

**DAY 2**

**പോരാട്ടം**  
കരുതും, കരുത്തോടെ പോരാടും

THEME : Youth for Prevention and Mitigation of COVID-19  
**TALK ON**  
**"SOCIO - POLITICAL SPACE IN CINEMA"**

**Dr.SUDHEESH K V**  
Assistant Professor,  
Department of Chemistry,  
St.Thomas College,  
Kozhencherry  
and Creative Director,  
Monsoon media.

**9 JANUARY 2021 SATURDAY**  
**3 PM**

MAHATMA GANDHI UNIVERSITY, KOTTAYAM  
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NATIONAL SERVICE SCHEME  
UNIT NO : 52

**DAY 2**

**പോരാട്ടം**  
കരുതും, കരുത്തോടെ പോരാടും

THEME : Youth for Prevention and Mitigation of COVID-19  
**SKILL TRAINING SESSION**

**FILE MAKING - Sheethal kumar**  
Mar Coorilose Memorial HSS  
Pattimattom

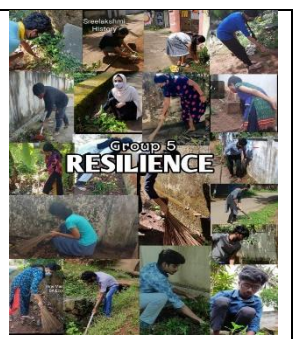
**9 JANUARY 2021 SATURDAY**  
**3.45 PM - 4 PM**

### DAY 3- January 10 2021, Sunday

The third day of the camp began with the assembly which was conducted by Group one 'Cov Fighters'. The meeting started at 7:30am by NSS song. The day was named as



“കാതങ്ങളുകൾക്കിടയിലും”. Following that thought for the day was shared and the digital newspaper named “Loudspeaker” and the report of the previous day was presented. Programme Officers and volunteer executives gave directions and suggestions to the volunteers about the activities of the day. And the assembly dispersed by 8:15 am. Then the volunteers completed yoga session. Community work for the day was Street Cleaning and the volunteers carried it out successfully. By 3:00 pm, the awareness session led by Mr. Cijin K Paul, Assistant Professor in Department of Computer Science of Union Christian College Aluva was conducted. Topic of the session was 'CYBERSPACE - PRECAUTIONS'. The resource person explained various things about cyberspace and the precautions that we have to take while managing cyberspace. After clearing the doubts raised by volunteers Mr. Cijin Paul concluded the awareness session by 4:00 pm. As part of the Skill Training Session, a video of Envelope Making was shared with the volunteers and they were asked to watch and prepare an envelope of their own. Cultural programmes started by 7:00pm and the activity was named “Who Am I?” Two pictures were given each for all the groups and all other groups have to identify the pictures by clues given by corresponding group members. All the five groups completed their task successfully. Then there was an evaluation session and following that Programme Officers and the volunteer executives gave suggestions to the volunteers to improve their camping skills. By 9:00pm, the day came to an end.



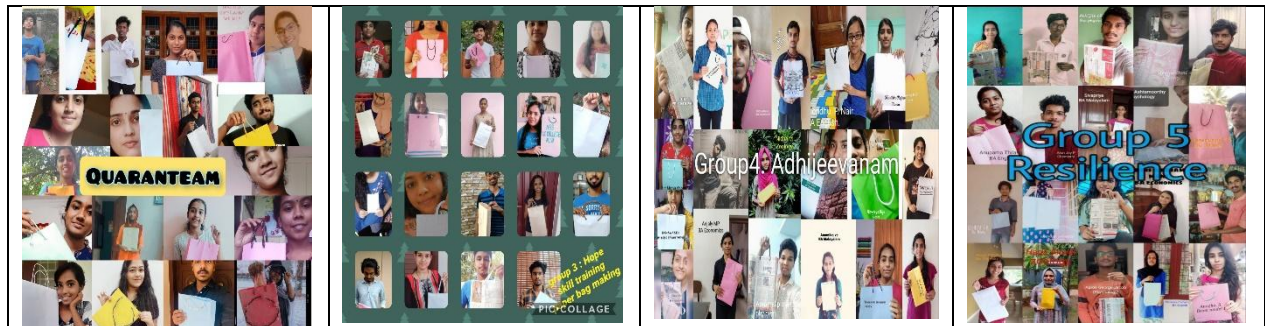


<p><b>MAHATMA GANDHI UNIVERSITY, KOTTAYAM</b>  <b>UNION CHRISTIAN COLLEGE, ALUVA</b>  <b>NATIONAL SERVICE SCHEME</b>  <b>UNIT NO : 52</b>  <b>DAY 3 പോരാട്ടം</b>  കരുതാം, കരുത്തോടെ പോരാടാം  <b>THEME : YOUTH FOR PREVENTION AND MITIGATION OF COVID-19</b>  <b>Talk On : Cyberspace - Precautions</b>    <b>Mr. Cijin K. Paul</b>  Assistant Professor,  Dept. of Computer science,  Union Christian College Aluva  <b>10TH JANUARY 2021, SUNDAY 3 pm @</b></p>	<p><b>MAHATMA GANDHI UNIVERSITY, KOTTAYAM</b>  <b>UNION CHRISTIAN COLLEGE, ALUVA</b>  <b>NATIONAL SERVICE SCHEME</b>  <b>UNIT NO : 52</b>  <b>DAY 3 പോരാട്ടം</b>  കരുതാം, കരുത്തോടെ പോരാടാം  <b>THEME : YOUTH FOR PREVENTION AND MITIGATION OF COVID-19</b>  <b>SKILL TRAINING SESSION</b>  <b>ENVELOPE MAKING</b>    Sajimon K. P  SNVSKT HSS, N Paravur  <b>3:45 PM - 4:00 PM</b>  <b>10TH JANUARY 2021, SUNDAY @</b></p>
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#### DAY 4- January 11 2021, Monday

As usual, the fourth day of the camp began with the assembly. Group two 'Quaranteam' conducted the assembly for the day. The day was given the name “ചിന്തകൾകതീതം”. The meeting started at 7:30am by NSS song followed by thought for the day, presentation of digital newspaper titled “സൂക്ഷ്മദർശനം” and presentation of the report of last day. Programme officers and volunteer executives gave directions and suggestions to first year volunteers for the day and the assembly dispersed by 8:15 am. Then the first year volunteers had Yoga Session. It was then followed by the community work at 10:30am. Volunteers were given the instructions to take part in various social works, either individually or in cooperation with any social clubs of their locality. All the volunteers completed their community service on time. At 3:00pm, an awareness session was held on the topic “Homestead Nutrition”. The session was led by Ms.Soumya Sunny, Agricultural Officer, Asamannoor. The session was concluded by 4:00pm after clearing the doubts raised by volunteers. Videos of Paper Bag Making were shared with the volunteers as part of the Skill Training Session and they were asked to make a paper bag of their own. By 6:30pm, an online Treasure Hunt was conducted as part of the cultural programmes. Following that there was an evaluation session. One volunteer from each group evaluated the camping hours. The day came to an end by 9:00pm after the Programme Officers gave suggestions on the opinions shared by the volunteers.





<p><b>MAHATMA GANDHI UNIVERSITY, KOTTAYAM</b> UNION CHRISTIAN COLLEGE, ALUVA</p> <p><b>NATIONAL SERVICE SCHEME</b> <b>DAY 4</b> <b>UNIT NO : 52</b> <b>പോരാട്ടം</b> കരുതം, കരുതത്തോടെ പോരാടാം</p> <p>THEME : YOUTH FOR PREVENTION AND MITIGATION OF COVID - 19</p> <p><b>TALK ON : HOMESTEAD NUTRITION GARDEN</b></p> <p> <b>Ms. Soumya Sunny</b> (Agricultural Officer, Asamannoor)</p> <p>11 JANUARY 2021, MONDAY @ 3pm</p>	<p><b>MAHATMA GANDHI UNIVERSITY, KOTTAYAM</b> UNION CHRISTIAN COLLEGE, ALUVA</p> <p><b>NATIONAL SERVICE SCHEME</b> <b>DAY 4</b> <b>UNIT NO:52</b> <b>പോരാട്ടം</b> കരുതം കരുതത്തോടെ പോരാടാം</p> <p>THEME : YOUTH FOR PREVENTION AND MITIGATION OF COVID-19</p> <p><b>SKILL TRAINING SESSION</b></p> <p><b>PAPER BAG MAKING</b> വ്യാസൻ. ടി. ഫാദർ Union Christian College Aluva</p> <p></p> <p>3:45PM - 4:00PM 11 JANUARY 2021, MONDAY @</p>
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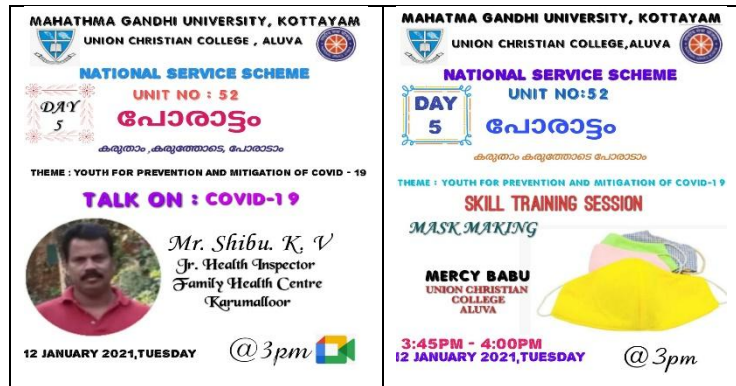
## DAY 5- January 12 2021, Tuesday

The fifth day of the seven day camp was started with the assembly conducted by Group three- 'Hope'. The meeting started at 7:30am by NSS song. The day was named as

“പ്രതീക്ഷകൾക്കപ്പുറം”. Following the NSS song, thought for the day, presentation of digital newspaper titled “പിന്നാമ്പുറം” and the presentation of the report of previous day was held. Then Programme Officers and volunteer executives gave directions for the day and the assembly dispersed by 8:15 am. After that, the first year volunteers completed their Yoga Session. At 10:00am, the volunteers had a Field Survey as their community service. The survey was based on COVID – 19. Along with the survey, volunteers were also asked to collect the details of people who are willing for blood donation. All the volunteers completed it successfully. At 3:00pm, an awareness session on Covid-19 was conducted. The awareness session was led by Mr. Shibu K. V, Junior Health Inspector, Family Health Centre, Karumalloor. The class was informative about the spread of covid-19 and precautions to avoid the spread of covid-19. After clearing doubts raised by volunteers the session was concluded by 4:00 pm. As part of Skill Training, videos of Mask Making were provided to the volunteers. Following that superseniors joined the meet and gave a talk. They made the meet more interesting by playing games. Following that there was an evaluation session. By 6:15pm, the fifth day was concluded.







## DAY 6- January 13 2021, Wednesday

The sixth day of the seven day camp began with the daily assembly conducted by Group four 'ATHIJEEVANAM'. The assembly commenced at 7:30am with the NSS song as usual. The title of the day was “ഒന്നാണമ്മൾ”. The announcement of the title was followed by thought for the day, presentation of E-Newspaper and daily report. After the assembly, the Programme Officers and the executives gave further informations about the day's work and skill training. The volunteers then had their Yoga Session following which they had the community work. Activity for the day was to set up a homestead nutrition garden. At 3:00pm, the orientation class began and the class was led by Mr. Raghu P on the topic “Service thoughts during Covid Pandemic”. The class was over by 4:00pm. The skill video of the day was about Sanitizer Making. By 7:00pm, the mega cultural event commenced. Each group presented their programs in a very beautiful manner and the event came to an ending note followed by the evaluation session at 9:00pm.





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UNION CHRISTIAN COLLEGE, ALUVA

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**DAY 6 പോരാട്ടം**

കരുതാം കരുത്തോടെ പോരാടാം

THEME: YOUTH FOR PREVENTION AND MITIGATION OF COVID-19

**TALK ON**  
SERVICE THOUGHTS DURING COVID PANDEMIC

*Mr. Raghu P*  
Higher Secondary School Teacher  
NSS HSS Marickkayamangalam  
National Service Scheme  
Ex-Program Officer



13 JANUARY 2021 WEDNESDAY @ 3 PM

**MAHATHMA GANDHI UNIVERSITY, KOTTAYAM**  
UNION CHRISTIAN COLLEGE, ALUVA

**NATIONAL SERVICE SCHEME**

UNIT NO: 52

**DAY 6 പോരാട്ടം**

കരുതാം കരുത്തോടെ പോരാടാം

THEME: YOUTH FOR PREVENTION AND MITIGATION OF COVID-19

**Skill Training Session**  
Sanitizer Making

Department of Chemistry  
Union Christian College  
Aluva



3:45 PM-4:00 PM

13 JANUARY 2021 WEDNESDAY

## DAY 7-January 14 2021, Thursday

The last day of the camp began with the assembly at 7:30pm. The assembly conducted by Group five 'Resilience' started with the NSS song. The day was named "കാഴ്ചകൾക്കതീതം". It was followed by thought for the day, presentation of digital newspaper and daily report. The last day of the camp had the evaluation session. Volunteers critically evaluated the whole activities of the camp and also shared their feedbacks. They shared their experiences while doing the community works, especially during the survey. They also appreciated the efforts taken by the Programme Officers and volunteer executives for the smooth functioning of the camp. The meeting was concluded by 10:30am and the day as well as the camp came to an end.

**DAY 7**  
JANUARY 14TH 2021


**SCHEDULE**

7:30 AM-8:30 AM  
Assembly

8:30 AM-9:30 AM  
Survey Report presentation

9:30 AM-10:30 AM  
Camp Evaluation

7:45 REC



(111)

- Karthika Rajeev
- Kavya
- Krishnanunni N S
- Krishnendhu P Nair
- Lakshmi aji

